

# Younger Stroke Survivors – Belleville

Belleville, Ontario, Canada

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## Summary

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## Description

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Note: This group is not a program of March of Dimes Canada.

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### Dates & Times:

Meetings take place every second Tuesday from 10:00 - 11:30 AM.

### Location /Style of Meeting

Meetings take place by Zoom. Access is provided to registered participants.

### Who would benefit from this group?

Survivors of stroke under 65 years of age.

### Description of the group:

This stroke support group runs virtually by Zoom and is peer-led by young stroke survivors in the community. It provides stroke survivors (under 65 years of age) the opportunity to meet new friends who have also experienced a stroke, to share ideas and support one another.

### Register

For more information or to register, call **613-969-0130** or email [lorraine@ccsh.ca](mailto:lorraine@ccsh.ca).

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**DISCLAIMER** – This group is part of the After Stroke Peer Support Network, a Canada-wide community of stroke support groups that connect, share ideas, and support each other. Together, groups in the Network work to increase and improve support for people affected by stroke across Canada.

This group is not a legal entity of March of Dimes Canada. March of Dimes Canada does not oversee this group, its activities or how it handles personal information.

March of Dimes Canada is neither responsible nor liable for any harm, injury, loss, or damages arising from participation in this group's activities. Joining or taking part in this group is completely voluntary, and individuals do so at their own discretion and risk.

## Language Spoken

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English