Victoria Stroke Recovery Association



2964 Richmond Road, Victoria, BC

Phone : 778-350-8772
Web : https://victoriastrokerecovery.org/

Summary

Published : Aug 01, 2025

Description

Note: This group is not a program of March of Dimes Canada.

Dates & Times:
Meetings take place every Friday from September through to June, at 10:15 am to 1:30 pm.
Who would benefit from this group?
Stroke survivors and their care partners.
Description of the group:
The Victoria Stroke Recovery Association supports stroke survivors and their care partners to improve their quality of life, allowing independent living and ongoing recovery. Programming for stroke survivors focuses on communication skills, self-management, group exercise and music therapy. Stroke survivors and care partners connect with others who share a similar experience for social connection, emotional support and resource sharing.
Register
For more information, visit the **Victoria Stroke Recovery Association website** or call **778-350-8772**.

DISCLAIMER – This group is part of the After Stroke Peer Support Network, a Canada-wide community of stroke support groups that connect, share ideas, and support each other. Together, groups in the Network work to increase and improve support for people affected by stroke across Canada.
This group is not a legal entity of March of Dimes Canada. March of Dimes Canada does not oversee this group, its activities or how it handles personal information.
March of Dimes Canada is neither responsible nor liable for any harm, injury, loss, or damages arising from participation in this group's activities. Joining or taking part in this group is completely voluntary, and individuals do so at their own discretion and risk.

Language Spoken

English

Participation Format

Array