Stroke Recovery Association of BC – South Asian-Punjabi Virtual Program

British Columbia

Phone:

Web: https://strokerecoverybc.ca/

Summary

Published: Oct 24, 2025

Description

Note: This group is not a program of March of Dimes Canada.

Dates & Times:

Meetings are held on Fridays from 9:00 am - 11:00 am.

Who would benefit from this group?

Stroke survivors and/or their caregivers.

Description of the group:

Delivered in Punjabi and Hindi, connect online with other stroke survivors and caregivers for emotional support, firsthand advice, and friendship.

This virtual stroke recovery program provides an opportunity to connect with fellow stroke survivors locally to find support, companionship, share stories and learn from one another in a supportive environment.

Register for this free program at: https://strokerecoverybc.ca/

DISCLAIMER – This group is a member of the After Stroke Peer Support Network, a Canada-wide community of stroke support groups that connect, collaborate and share resources. Through the Network, groups collectively strive to expand and improve support available to people impacted by stroke across Canada.

This group operates independently of March of Dimes Canada. As such, March of Dimes Canada is not responsible for this group's activities and how it manages personal data.

Language	Spo	ken
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English