Stroke Recovery Association of BC – Musical Minds Virtual Social Program

British Columbia

Phone:

Web: https://strokerecoverybc.ca/

Summary

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Description

Note: This group is not a program of March of Dimes Canada.

Dates & Times:

Meetings are held on Tuesdays from 3:00 pm - 4:30 pm.

Who would benefit from this group?

Stroke survivors and/or their caregivers.

Description of the group:

Musical Minds is a weekly program that offers social connection with music for your stroke recovery journey. Music has been scientifically provide to aid stroke recovery by improving speech, motor functions like walking, and cognitive skills, and by boosting mood.

Activities include Music Trivia, Music Bingo, Music Match and Music Requests. These techniques uses familiar songs and listening to a wide variety of music, which has been shown to stimulate neural pathways and improve memory and attention.

Register for this free program at: https://strokerecoverybc.ca/

DISCLAIMER – This group is a member of the After Stroke Peer Support Network, a Canada-wide community of stroke support groups that connect, collaborate and share resources. Through the Network, groups collectively strive to expand and improve support available to people impacted by stroke across Canada

This group operates independently of March of Dimes Canada. As such, March of Dimes Canada is not responsible for this group's activities and how it manages personal data.

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