

# Stroke Recovery Association of BC

27 Groups Across British Columbia

Phone :

Web : <https://strokerecoverybc.ca/>

## Summary

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## Description

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Note: This group is not a program of March of Dimes Canada.

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### **Stroke Recovery Association of British Columbia hosts 27 peer support groups across BC.**

#### **Who would benefit from these groups?**

Stroke survivors and/or their caregivers.

#### **Description of the groups:**

The Stroke Recovery Association of British Columbia offers a wide range of peer support groups. Some groups are offered in-person in communities around the province, while others are hosted online via Zoom. These groups provide an opportunity to connect with other people impacted by stroke for support and companionship, and to share stories and learn from one another in a supportive environment.

#### **Group locations**

- Castlegar
- Chilliwack
- Comox
- Coquitlam
- Delta
- Kamloops
- Kelowna
- Maple Ridge
- Nanaimo
- Nelson
- Prince George
- Richmond
- Surrey
- Vancouver /Shaughnessy
- White Rock
- Salmon Arm

#### **Virtual Programs**

- Collingwood Chinese Virtual Program
- Chinese Virtual Program
- Fraser Region Virtual Program
- Musical Minds Virtual Social Program
- Northern Region Virtual Program
- PERK Virtual Program
- South Asian/Punjabi Virtual Program
- TALK Virtual Program
- Vancouver Coastal Regional Virtual Program
- Vancouver Island Regional Virtual Program
- White Rock Virtual Program

#### **Register**

Visit [strokerecoverybc.ca](https://strokerecoverybc.ca) for more information or to register.

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**DISCLAIMER** – This group is a member of the After Stroke Peer Support Network, a Canada-wide community of stroke support groups that connect, collaborate and share resources. Through the Network, groups collectively strive to expand and improve support available to people impacted by stroke across Canada.

This group operates independently of March of Dimes Canada. As such, March of Dimes Canada is not responsible for this group's activities and how it manages personal data.

**Language Spoken**

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English