# Stroke Recovery Association of Barrie and District

Allandale Recreational Centre, 190 Bayview Drive, Barrie, Ontario

Phone: 705-737-9202

Web: mailto:ddeir@marchofdimes.ca

Summary

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## **Description**

Note: This group is not a program of March of Dimes Canada.

#### **Dates & Times:**

Dates and times vary by program. Please call 705-737-9202 for details.

# Who would benefit from this group?

Stroke survivors in Barrie and surrounding areas.

#### **Description of the group:**

Stroke Recovery Association of Barrie and District is a community-based support group providing programs and encouragement for people who have experienced a stroke. Activities include chair exercises, a pool program, occasional outings, guest speakers, and—of course—social time. There is an annual fee for on-going members to help cover program costs. New individuals are welcome to attend a couple of meetings/activities at no cost to determine suitability.

### Register

To join the group, please call **705-737-9202** or email <u>ddeir@marchofdimes.ca</u> for details.

**DISCLAIMER** – This group is a member of the After Stroke Peer Support Network, a Canada-wide community of stroke support groups that connect, collaborate and share resources. Through the Network, groups collectively strive to expand and improve support available to people impacted by stroke across Canada.

This group operates independently of March of Dimes Canada. As such, March of Dimes Canada is not responsible for this group's activities and how it manages personal data.

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