

## St. John's – Stroke Survivors and Caregivers Meeting

St. John's, Newfoundland (Map locations are approximate)

afterstroke@marchofdimes.ca

Phone : 1-888-540-6666

Web :

[https://forms.office.com/Pages/ResponsePage.aspx?id=LgLPEQJhz0Oew\\_OpyuNE5altumgvX6BAp94QrEOsMWVUNEfHVUNTn0FWMjFaQzYxVDhZRjEyUFJRUY4u](https://forms.office.com/Pages/ResponsePage.aspx?id=LgLPEQJhz0Oew_OpyuNE5altumgvX6BAp94QrEOsMWVUNEfHVUNTn0FWMjFaQzYxVDhZRjEyUFJRUY4u)



## Summary

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## Description

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### Dates & Times:

The last Tuesday of each month, from 6:00 pm - 7:00 pm.

### Who would benefit from this group?

Anyone in the St. John's area who has been impacted by stroke.

### Description of the group:

This peer support group, led by a volunteer with lived experience, provides a safe and welcoming space for members to support one another based on shared experiences of stroke. Meetings are casual gatherings where members may share resources and gain a sense of hope and community.

## Language Spoken

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English