

## Ottawa Stroke Support Group

Ottawa, Ontario (Map locations are approximate)

afterstroke@marchofdimes.ca

Phone : 1-888-540-6666

Web :

[https://forms.office.com/Pages/ResponsePage.aspx?id=LgLPEQJhz0Oew\\_OpyuNE5altumgvX6BAp94QrEOsMwVUNEFHVUNTn0FWMjFaQzYxVDhZRjEYUfJRUY4u](https://forms.office.com/Pages/ResponsePage.aspx?id=LgLPEQJhz0Oew_OpyuNE5altumgvX6BAp94QrEOsMwVUNEFHVUNTn0FWMjFaQzYxVDhZRjEYUfJRUY4u)



## Summary

---

Published : Mar 31, 2025

## Description

---

### **Dates & Times:**

The last Tuesday of each month, from 1:00 pm - 2:30 pm.

### **Who would benefit from this group?**

Anyone living in Ottawa and surrounding areas who has been impacted by stroke.

### **Description of the group:**

This peer support group, led by a volunteer team including people impacted by stroke, provides a safe and welcoming space for members to support one another based on shared experiences of stroke. Meetings are casual gatherings where members may share resources and gain a sense of hope and community.

## Language Spoken

---

English

## Participation Format

---

Array