

Life Partners of Stroke Survivors

Online anywhere in Canada
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<https://www.afterstroke.ca/find-support/online-programs/#strconvo>



Summary

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Description

This group offers a safe and supportive space for life partners of stroke survivors to candidly discuss the day-to-day challenges and triumphs of sharing life with a loved one recovering from the effects of stroke. Participants can benefit from understanding, encouragement, resources, and practical strategies for navigating this unique experience. Together, we can build resilience, foster hope, and enhance our relationships as we support our partners on their recovery journey.

Dates & Times

First and third Wednesday of every month

Local Times:

5:00 p.m. – 6:00 p.m. PT
6:00 p.m. – 7:00 p.m. MT
7:00 p.m. – 8:00 p.m. CT
8:00 p.m. – 9:00 p.m. ET
9:00 p.m. – 10:00 p.m. AT
9:30 p.m. – 10:30 p.m. NT

Language Spoken

English