#### Kitchener / Waterloo After Stroke Chapter

Kitchener, Ontario (Map locations are approximate)

afterstroke@marchofdimes.ca Phone: 1-888-540-6666 Web:

https://forms.office.com/Pages/ResponsePage.aspx?id=LgLPEQJhz00ew\_OpyuNE5altumgvX6BAp94QrEOsMWVUNEFHVUNTN0FWMjFaQzYxVDhZRjEyUFJRUy4u



#### **Summary**

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### **Description**

#### **Dates & Times:**

Third Tuesday of each month, from 7 pm - 9 pm

# Who would benefit from this group?

Anyone in Kitchener-Waterloo and the surrounding area who has been impacted by stroke.

### **Description of the group:**

This peer support group, led by a volunteer team including people impacted by stroke, provides a safe and welcoming space for members to support one another based on shared experiences of stroke. Meetings are casual gatherings where members may share resources and gain a sense of hope and community.

## Language Spoken

English