

## Annapolis Valley – Coffee and Chat for Stroke Survivors and Caregivers

Kentville, Nova Scotia (Map locations are approximate)

afterstroke@marchofdimes.ca

Phone : 1-888-540-6666

Web :

[https://forms.office.com/Pages/ResponsePage.aspx?id=LgLPEQJhz0Oew\\_OpyuNE5altumgvX6BAp94QrEOsMwVUNEFHVUNTn0FWMjFaQzYxVDhZRjEYUfJRUY4u](https://forms.office.com/Pages/ResponsePage.aspx?id=LgLPEQJhz0Oew_OpyuNE5altumgvX6BAp94QrEOsMwVUNEFHVUNTn0FWMjFaQzYxVDhZRjEYUfJRUY4u)



### Summary

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### Description

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#### **Dates & Times:**

Last Tuesday of each month, from 2:00 pm - 3:00 pm.

#### **Who would benefit from this group?**

Anyone in the Annapolis Valley area who has been impacted by stroke.

#### **Description of the group:**

This peer support group, led by a volunteer team including people impacted by stroke, provides a safe and welcoming space for members to support one another based on shared experiences of stroke. Meetings are casual gatherings where members may share resources and gain a sense of hope and community.

### Language Spoken

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English