

Caregivers of Stroke Survivors

Online anywhere in Canada
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<https://www.afterstroke.ca/find-support/online-programs/#strconvo>



Summary

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Description

Are you a caregiver of stroke survivor looking to connect with other caregivers of stroke survivors? This group offers a safe and welcoming environment where you can connect with others to share experiences, offer advice, and receive emotional support. The group discusses coping strategies, shares resources, and fosters a sense of connection and resilience. The group comes together to connect and navigate the challenges and celebrate the triumphs of caregiving together.

Dates & Times

Second Tuesday of every month

Local Times:

3:00 p.m. – 4:00 p.m. PT
4:00 p.m. – 5:00 p.m. MT
5:00 p.m. – 6:00 p.m. CT
6:00 p.m. – 7:00 p.m. ET
7:00 p.m. – 8:00 p.m. AT
7:30 p.m. – 8:30 p.m. NT

Fourth Tuesday of every month

Local Times:

5:00 p.m. – 6:00 p.m. PT
6:00 p.m. – 7:00 p.m. MT
7:00 p.m. – 8:00 p.m. CT
8:00 p.m. – 9:00 p.m. ET
9:00 p.m. – 10:00 p.m. AT
9:30 p.m. – 10:30 p.m. NT

Language Spoken

English