

Cape Breton – Coffee and Chat for Stroke Survivors and Caregivers

Sydney Mines, Cape Breton County, Nova Scotia (Map locations are approximate)

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https://forms.office.com/Pages/ResponsePage.aspx?id=LgLPEQJhz0Oew_OpyuNE5altumgvX6BAp94QrEOsMWVUNEfHVUNTn0FWMjFaQzYxVDhZRjEyUFJRUY4u



Summary

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Description

Dates & Times:

Last Thursday of each month, from 5:30 pm - 7:00 pm.

Who would benefit from this group?

Anyone in the Cape Breton Regional Municipality (CBRM) who has been impacted by stroke.

Description of the group:

This peer support group, led by a volunteer team including people impacted by stroke, provides a safe and welcoming space for members to support one another based on shared experiences of stroke. Meetings are casual gatherings where members may share resources and gain a sense of hope and community.

Language Spoken

English