# **Burnaby Stroke Recovery Group**

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Phone:

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#### Summary

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# **Description**

Note: This group is not a program of March of Dimes Canada.

### **Dates & Times:**

Every Friday (except holidays).

## Who would benefit from these groups?

Stroke survivors and their caregivers.

#### **Description of the group:**

The Burnaby Stroke Recovery Group provides free support meetings for stroke survivors and caregivers. Meetings aim to inspire and assist in stroke recovery by facilitating peer to peer connection, light exercises, brain games, and supportive discussion.

#### Register:

Visit <u>www.burnabystrokegroup.org</u> for more information or to register.

You can also find them on Facebook at www.facebook.com/profile.php?id=61574495399429.

**DISCLAIMER** – This group is a member of the After Stroke Peer Support Network, a Canada-wide community of stroke support groups that connect, collaborate and share resources. Through the Network, groups collectively strive to expand and improve support available to people impacted by stroke across Canada.

This group operates independently of March of Dimes Canada. As such, March of Dimes Canada is not responsible for this group's activities and how it manages personal data.

# Language Spoken

English