

# Bow Valley Stroke Support Group



Canmore and surrounding areas  
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## Summary

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## Description

Note: This group is not a program of March of Dimes Canada.

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### Dates & Times:

Meetings are held on the 3rd Thursday of every month from 11:00 am - 12:30 pm.

### Who would benefit from this group?

Stroke survivors.

### Description of the group:

The Bow Valley Stroke Support Group provides a safe and supportive setting for survivors of stroke to meet others who can identify with how all aspects of their lives are changed by stroke. The group offers fellowship, encouragement and conversation. Monthly meetings are held in Canmore, and provide opportunities for friendship, education, and sharing feelings and experiences with people who understand.

Contact Dianne at **403-763-8418** or [beginning2c@gmail.com](mailto:beginning2c@gmail.com) for more information or to attend a meeting.

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**DISCLAIMER** – This group is part of the After Stroke Peer Support Network, a Canada-wide community of stroke support groups that connect, share ideas, and support each other. Together, groups in the Network work to increase and improve support for people affected by stroke across Canada.

This group is not a legal entity of March of Dimes Canada. March of Dimes Canada does not oversee this group, its activities or how it handles personal information.

March of Dimes Canada is neither responsible nor liable for any harm, injury, loss, or damages arising from participation in this group's activities. Joining or taking part in this group is completely voluntary, and individuals do so at their own discretion and risk.

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## Language Spoken

English

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## Participation Format

Array

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