

Adult Recreation Therapy Centre (ARTC)



Brantford
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Summary

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Description

Note: This group is not a program of March of Dimes Canada.



Dates & Times:

Dates and times vary by program. Please view the [ARTC website](#) for program dates.

Who would benefit from this group?

Stroke survivors and caregivers. Adults (18+).

Description of the group:

The Adult Recreation Therapy Centre (ARTC) is a not-for-profit community agency serving seniors, adults with disabilities, and caregivers in Brantford and the surrounding areas.

ARTC offers small, guided conversation groups for people who have had a stroke or brain injury, including programs specifically for those with Aphasia. Each group is facilitated by a Speech-Language Pathologist, Communicative Disorders Assistant, and Social Worker. Facilitators provide supported and communicatively accessible spaces for participants to share personal experiences and knowledge, while practicing communication skills.

ARTC family members have access to caregiver services, including a monthly peer support group and a weekly self-care group. Some programs are offered in person, while others are available online.

Register

To join the group, please email admin@artc.ca.

For more details, visit the ARTC website at <https://artc.ca/>.

DISCLAIMER – This group is part of the After Stroke Peer Support Network, a Canada-wide community of stroke support groups that connect, share ideas, and support each other. Together, groups in the Network work to increase and improve support for people affected by stroke across Canada.

This group is not a legal entity of March of Dimes Canada. March of Dimes Canada does not oversee this group, its activities or how it handles personal information.

March of Dimes Canada is neither responsible nor liable for any harm, injury, loss, or damages arising from participation in this group's activities. Joining or taking part in this group is completely voluntary, and individuals do so at their own discretion and risk.

Language Spoken

English

Participation Format

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